

Delivering Unique Corporate Creative Experiences



A TEAM BUILDING EXPERIENCE

like no other

Join the team from BellaArtista for a fun and inspiring workshop that will bring a unique sense of creativity and energy to your workplace, and leave your staff feeling happy and motivated.

Every individual has a spark of creativity within them- even if they don't believe it themselves! We deliver exceptional corporate workshop experiences suitable for all ages and artistic ability that your team will find rewarding, relaxing and rejuvenating.

Creating art with colleagues is a way to embrace imagination and to experience a new way of thinking, one that benefits and connects the whole team. Either individually or as a group, your team will create a piece of tactile wall art using a diverse range of colours and hues- no two pieces are the same. It's a team building experience of art, wellness, relaxation and most of all, fun.

WHY IS *art & creativity* IMPORTANT IN CORPORATE LIFE?

The BellaArtista team have hosted corporate workshops across Melbourne for many years, and time and time again our clients tell us that creating art within a team context provides a significant increase in workplace harmony, and subsequently employee satisfaction and productivity.

More importantly? Our workshops are energizing and enjoyable. Over and over again, we watch people declare themselves utterly lacking in artistic ability, then surprise and delight themselves and their colleagues with their work, and how much fun they've had in the process.

Deadlines, competing priorities and just day to day working life can have an impact on peoples' stress levels and work performance. Art, however, and the act of creating art, is relaxing and calming, an effective way to relieve stress, leaving people feeling mentally clear. It provides a distraction, giving the brain a reprieve. Add beautiful catered goodies, BellaArtista's unique ice breaking activities and the sublime hands-on experience of working with resin, and your team is set for a wonderful team bonding experience.



Art brings immeasurable physical, mental and emotional benefits to people, both intangible and tangible, including the all-important concept of mindfulness. When art is created in a communal setting, it fosters a spirit of collegiality, connection and imagination, all of which bring so much to the workplace. The opportunity to reflect as a group whilst creating something beautiful results in people returning to their workspace after a BellaArtista team building workshop in a wonderful headspace, excited and energised for the workday.

OUR WORKSHOP *packages*

BellaArtista Corporate Creative Workshops build team spirit, reinforce the bonds between colleagues and break down barriers in a fun, non-confrontational and absolutely non-corporate way! Team members collaborate over hues, experiment with colours, put into play their time management skills and get to spend focused yet calming time together away from the day to day of corporate life.

Argento

A creative art workshop paired with a fun, unique ice breaking activity.

Bro

A creative art workshop with a fun and energising team building ice breaker, a door prize and gorgeous light, healthy snacks.

Platino

A creative art workshop with our special blend of ice breaking, a light lunch to keep your team energised, and a wellness professional to provide your team with the tools and strategies to implement stress relief, wellness, mindfulness, relaxation and creativity into their everyday lives.

*Prices are per head with a minimum number of 6 and a maximum number of 20. If your teams are larger we can adapt the prices accordingly.



All workshops include the creation of a resin artwork as well as an interactive, relaxing and conversational icebreaking activity to get your team connecting to their creative side whilst getting to know each other with a whole new perspective.

Workplaces can decide whether team members take home their own artwork, or work in groups of two to create a piece for your workplace. We supply all the necessary equipment and materials, including an explosion of coloured resins for people to make art that is truly their own.

WE WOULD LOVE TO HELP YOU AND
YOUR TEAM *connect together*
IN A TEAM BUILDING CREATIVE
environment

Workshops can be brought to your workplace, or alternatively at our studio, located at Watermans Business Centre at Chadstone Shopping Centre.

For more information or to book a workshop, please call 0409 381 966 or email info@bellartista.com.au